

GARSTANG AMATEUR SWIMMING CLUB

MEDALS GALA

Saturday 7th July 2018

BLACKPOOL PALATINE

1.15pm Warm Up

CONDITIONS & INFORMATION

THIS IS AN ASA LEVEL 3 LICENSED MEET, LICENCE NUMBER 3NW180653

The competition will be held under ASA Laws and ASA Technical Rules.

1. All entrants must be a member of an affiliated club, and an amateur as defined by ASA Law.
2. Age Groups are 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14 yrs, 15yrs, 16yrs & Over.
3. Competitors' ages for all groups will be as at 7th July 2018. (Age on Day)
4. There are no lower cut off times. Entry times faster than the cut off time (higher) will be rejected.
5. Entries will be accepted on a first come first served basis. Entries for the event will be accepted from 12pm Monday 14th May 2018 to 12pm Friday 15th June 2018.
6. All events will be heat declared winners. Heats will be arranged according to submitted entry times. Where a competitor swims faster than the upper qualifying time for their age group, they will be ineligible for an award but will receive a 'speeding ticket'.
7. Competitors are eligible to enter only events in their own age group and will only be eligible for an award in their own age group.
8. Entry to the 100m IM is on condition that the swimmer enters another event.
9. Entries are £3.75 per event using sport system entry manager. **Entries are £4.25 per paper copy – this takes into account the extra time and effort required to process entries.** Please use the summary entry form when confirming entries.
10. A draft programme will be issued prior to the gala. Any errors must be reported to the organiser at least 7 days before the gala to allow time to amend the programme.
11. Any withdrawals must be submitted before 1.15pm on Saturday 7th July 2018.
12. Entries will not be taken or amended on the day of the gala.
13. Competitors must report to the Competitors Stewards at the starting control 2 events before their event is due. Any competitor not reporting on time may be excluded from the event.
14. All starts will be overhead including backstroke.
15. Medals or ribbons will be presented to the first 6 swimmers in each age group.
16. Presentations will be made throughout the competition, Competitors who have won awards must report to the Medals Stewards when called by the announcer.
17. Maximum 4 Coaches/Managers per team will be allowed poolside. Passes to be ordered with club entry form. Coaches passes cost £5.
18. All poolside staff (coaches, team managers, volunteers) shall have an up to date DBS check.
19. No outdoor shoes are to be worn on the poolside, footwear must be worn outside the pool area.
20. No glass containers are permitted on the poolside.

21. You are advised not to leave clothes or equipment unattended as the organisers and the pool management will not accept liability for loss or damage. Any lost property should be taken to the announcer's table.
22. No photography (including mobile phones and tablets) is permitted within the building / complex. Any person not complying with this will be asked to leave the complex.
23. The promoters (Garstang ASC) reserve the right to refuse admission to any competitor or spectator.
24. Any matter not covered in the above will be at the discretion of the organisers.
25. Any queries should be directed to the meet organisers.
26. A set of results will be sent out to each team.
27. Contact details for the gala are:

Andy Charlesworth

Email: gascgala@gmail.com

Address: 4 Cherry Gardens, Cloughton on Brock, Preston, PR3 0QQ

Tel: 07779 127766

PROGRAMME OF EVENTS

Event 1	Girls 9-16+ years	50m Freestyle
Event 2	Boys 9-16+ years	50m Backstroke
Event 3	Girls 9-16+ years	100m Individual Medley
Event 4	Boys 9-16+ years	50m Butterfly
Event 5	Girls 9-16+ years	50m Backstroke
Event 6	Boys 9-16+ years	50m Breaststroke
Event 7	Girls 9-16+ years	50m Butterfly
Event 8	Boys 9-16+ years	100m Individual Medley
Event 9	Girls 9-16+ years	50m Breaststroke
Event 10	Boys 9-16+ years	50m Freestyle

Entry to 100m I.M. is on condition the swimmer enters another event.

Cut off times

GIRLS	FLY	BACK	BRST	FREE	IM
9 YRS	42.00	43.00	48.50	36.50	1.38.00
10 YRS	41.00	42.00	47.50	35.50	1.31.00

11 YRS	39.00	40.00	45.50	33.00	1.25.00
12 YRS	37.50	37.00	42.00	32.00	1.18.00
13 YRS	35.00	35.50	39.00	31.00	1.15.00
14 YRS	32.50	33.50	38.00	30.00	1.13.00
15 YRS	31.50	33.00	37.00	29.50	1.10.00
16 YRS & OVER	31.00	32.50	36.00	29.00	1.08.00

BOYS	FLY	BACK	BRST	FREE	IM
9 YRS	43.00	43.00	49.00	36.50	1.38.00
10 YRS	42.00	42.00	48.00	35.50	1.31.00
11 YRS	39.00	39.00	45.00	33.00	1.25.00
12 YRS	36.00	36.50	42.00	31.00	1.18.00
13 YRS	33.50	35.00	40.00	30.00	1.13.00
14 YRS	32.00	32.50	38.00	28.00	1.10.00
15 YRS	31.00	32.00	34.00	27.00	1.07.00
16 YRS & OVER	29.00	31.00	33.00	26.50	1.05.00

*All events are 50m apart from 100m IM