



## Cumbria ASA Open Water League 2019

### 1) Objectives:

2019 will see the introduction of the Cumbria Open Water League (COWL). The competition will be ran by combining individual results achieved in the Epic Swim series (Courtesy of Epic Event Management LTD). The purpose of introducing the League is to promote participation in open water swimming events amongst members of Cumbria Amateur Swimming clubs in a competitive environment. The overall aim is to encourage Cumbrian club swimmers to progress onto Regional and National competitions in Open water swimming.

### 2) COWL Entry requirements

- a) Entrants to COWL must be registered ASA swimmer with a Cumbria Amateur Swimming Club.
- b) Due to a different water exit strategy in the Epic Derwent event (by means of a floating jetty) the Epic Derwent swim will be a **mandatory** event for all competitors as part of the COWL in 2019.
- c) Entrants must swim a minimum of **two** Epic Swims to be considered eligible for the League. (Derwent Epic swim plus one other)
- d) Final League positions will be calculated by combining two race times (Derwent Epic swim plus one other) as published by Epic Events Management Ltd.
- e) Where more than two events have been swam by a competitor, the fastest swim time plus the Derwent swim time, as published by Epic Events Management Ltd will be combined to give the final League position.
- f) The 2019 events are;
  1. Ullswater Epic – 16<sup>th</sup> June
  2. Derwent Epic -7<sup>th</sup> July
  3. Coniston Epic – 18<sup>th</sup> August
  4. Windermere Epic –15<sup>th</sup> September
- g) Age categories are based on competitors age on the first Epic swim – Ullswater 16<sup>th</sup> June 2019
- h) There are three age categories for the COWL. These align with Epic Events minimum age restrictions for each distance.
  - I. 11 to 13 (supported by parental consent)
  - II. 14 to 15 (supported by parental consent)
  - III. 16 and over (supported by parental consent for under 18 years)

- i) There are two distances within the League for 2019. These are both age dependant.
  - I. 11 years to 13 Years – 500m
  - II. 14 years and 15 years – 1 mile
  - III. 16 years and over – 1 mile
- j) Competitors will only be eligible for one age category per open water season.
- k) Attendance at the Epic Swim pre-race brief is **mandatory** for all COWL competitors.

3) Entry Conditions and Race registration;

- a) All entries must be made via Epic Events on-line registration system (<https://epicevents.co.uk/>).
- b) All entry money must be paid directly to Epic Events. Cumbria ASA will not accept or process any payment for these events.
- c) All entrants and their parents / guardians must read and comply fully with Epic Events Terms and Conditions (see appendix 1). Please refer to condition 14 – Photography.  
<https://epicevents.co.uk/terms-and-conditions/>
- d) Specific race guidance information packs can be accessed via the event home page.
- e) All entrants MUST read and comply with the information issued by the organiser for each event entered.
- f) All decisions pertaining to the event i.e. delayed start, event cancelation, change of course, are at the discretion of the event organisers (Epic Event Management Ltd).
- g) Once entered into the events please email [markn\\_ows@yahoo.com](mailto:markn_ows@yahoo.com) detailing the events entered, age category, club and ASA membership number. This is for administration of the COWL purposes only and will not be used or shared for any other reason.

## APPENDIX 1

### *Epic Events Terms & Conditions:*

- 1. It is the participant's responsibility to ensure that they are medically fit to participate in any of the events advertised on this site. If you have any medical conditions which may affect participation you would first consult your GP and then inform the organisers of the situation.*
- 2. It is the participant's responsibility to ensure that they have the correct equipment required for the event and also to ensure that it is in suitable working order. The organisers will not take responsibility for injury caused by faulty personal equipment.*
- 3. If events are cancelled due to bad weather or other unforeseen circumstances. The organisers will offer entrants a 'credit note' for use as payment or part payment for another Epic Event or transfer to the rescheduled event should this occur.*
- 4. If a competitor withdraws more than 2 weeks prior to the event, the competitor may transfer the fee towards an alternative Epic Event that is open for entries & the alternative event fee is less than or equal to the original fee. If the fee is greater than the original fee the difference must be paid. Alternatively 75% of the original fee can be refunded. We are unable to offer 100% refunds due to administration & online transaction charges.*
- 5. If a competitor withdraw 2 weeks or less prior to an event, the entry fee may not be transferred to another event and no refunds will be given.*
- 6. An event entry may only be transferred to another event on one single occasion.*
- 7. It is the competitor's responsibility to read all of the event information in full detail, the organisers will not take responsibility for error as a consequence of competitors not reading pre-race information.*
- 8. If a competitor should lose their electronic timing chip during the event, they will be charged £10 for a replacement chip and this fee will be payable in the week following the event.*
- 9. The organisers cannot take responsibility for the loss of personal possessions during the event. It is the participant's responsibility to safeguard personal possessions.*
- 10. It is the participant's responsibility to ensure that they enter their details correctly when completing event entry registration process.*
- 11. By completing the registration process you are confirming that all of the information provided is correct. The event registration MUST be completed by the participant as opposed to a third party to avoid false information.*
- 12. Your entry must not be transferred without the organiser's consent, you must not allow another person to participate in your name.*
- 13. Your details and email address will be stored by Epic Event Management LTD and used to provide you with information regarding the event you have entered and other, similar events*

*which we think may be of interest. Your contact details will not be passed to any other persons or external organisations.*

*14. Photography – Epic Events maintain the right to use images and photographs taken by their contracted photographers at any of their promoted events without informing event participants. These images may be used for promotional purposes as undertaken by Epic Events or their sponsors.*