September 2023 UASC TRAINING TIMETABLE

DAY	Hours	MORNING		Hours	EVENING	
MONDAY		6 - 7.30AM	BARROW		6.45 - 7.45PM	ULVERSTON
	1.5	SENIORS		1	RIVER OTTERS	
				1	SNOW OTTERS	
				_		
					7.45 - 8.45PM	ULVERSTON
				1	SEA OTTERS	OEV ENSTOR
				1	DEVELOPMENT	
				-	DEVELOT WEIVE	
					5:15nm - 6:15nn	n Gym Session Dalton
				1	SENIORS	II Gyiii Session Barton
				1	DEVELOPMENT	
				1	DEVELOPIVILINI	
TUESDAY		6.30 - 8.00 AM	ULVERSTON		6.45 - 8.45PM	ULVERSTON
	1.5	SENIORS	0272107011	2	SENIORS	C T T T T T T T T T T T T T T T T T T T
		DEVELOPMENT		_		
		SEA OTTERS				
	1.5	JOEN OF TENS				
WEDNESDAY					6.45 - 7.45PM	ULVERSTON
				1	SEA OTTERS	
				-	6.45 - 8.45PM	
				2	DEVELOPMENT	
				2	7.45 - 8.45PM	ULVERSTON
				1	SENIORS	OLVERSION
				1	SENIONS	
THURSDAY		6.30 - 8.00 AM	ULVERSTON		5.45-7.45PM	BARROW
MORSEAT	1.5	SENIORS SENIORS	OLVERSTOR	2	SENIORS SENIORS	DAINIO VV
		DEVELOPMENT		-	5:45 - 6.45PM	BARROW
		SEA OTTERS		1	RIVER OTTERS	DAILING W
	1.5	<u> </u>		-	5:45 - 7.15PM	BARROW
				1.5	DEVELOPMENT	DAINIO V
				1.5	SEA OTTERS	
				1.5	6.45 - 7.45PM	ULVERSTON
				1	SNOW OTTERS	CEVERSION
				1	OTTERS PUPS	
				1	OTTERSTORS	
FRIDAY		6 - 7.30AM	BARROW		5.45 - 6.45 PM	ULVERSTON
, NIDA I	1 5	SENIORS	DANKOW.	1	OTTERS PUPS	JEV ENSTON
	1.5	SEIVIONS		1	PRE-PUPS	
				1	6.45 - 8.15PM	ULVERSTON
				1.5	SNOW OTTERS	SEVERSION
					RIVER OTTERS	
				1.5	MACK OTTERS	
SATURDAY		6.30-8.30AM	BARROW		4.00 - 6.00 PM	ULVERSTON
JATORDAT	2	SENIORS	PHULOW	2	SENIORS	OLV LN3 I OIV
		DEVELOPMENT		2	DEVELOPMENT	
	2		PA PROM	2	DEVELOPIVIENT	
	1 -	6.30-8AM	BARROW			
		SEA OTTERS				
CLINID AN	1.5	RIVER OTTERS	NO TO A LAURE			
SUNDAY			NO TRAINING			

Group	Group
SENIORS	SENIORS
DEVELOPMENT	DEVELOPMENT
SEA OTTERS	SEA OTTERS
RIVER OTTERS	RIVER OTTERS
OTTERS PUPS	OTTERS PUPS
SNOW OTTERS	SNOW OTTERS
PRE-PUPS	PRE-PUPS