

ULVERSTON AMATEUR SWIMMING CLUB

Affiliated to the Swim England North West Region

SHORT COURSE LEVEL 4 LICENSE No.

CLUB CHAMPIONSHIPS 2024

Promoted by Ulverston Amateur Swimming Club

Under ASA Laws and Swim England Technical Rules of Swimming

DATES: 17thApril, 15thMay, 5thJune, 25thSept*, 2thOct, 23rdOct, 20nd Nov 2024

VENUE: ULVERSTON SWIMMING POOL, PRIORY ROAD, ULVERSTON

The pool is 25 metre long with 4 lanes and ranges in depth from 0.9 meters (3 feet) to 1.7 meters (5 feet 7 inches). It has Anti-Turbulence ropes

THE MEET: 9 & over: 50m Breast, Fly, Free, Back
100m Fly, Breast, Back, Free & IM
200m Free, Back, IM, Fly, Breast
400m Free, 400m IM
10 & over: 800m and 1500m Free

8 & under: 25m all strokes (separate non-licensed events)

Events will be seeded on PBs times

All events will be Heat Declared Winner, with Finals for age groups below in.

100 IM Final for Doug Owen Trophy (11 & Under)

200 IM Final for Daniel McFarlane Trophy (12 & Over)

Ages at 31st December 2024

All swimmers aged 9 and over need to be registered Category 2 with ASA

EVENTS: Results will be declared with multiple age groups as indicated in Awards below

AWARDS: Points will be awarded to the first 6 in each age group consisting of 9, 10-11, 12-13, 14-16, 17 & over. Points will be awarded for all sessions

Swimmers 8 & Under will take part in 25m events which are not Licensed by Swim England. 25m events have been added to the schedule to allow swimmers who are not 9 by 31st December 2023 to swim and experience club champs.

Awards will be by age group i.e. 8, 7, 6

QUALIFYING

TIMES: qualifying times **are not required** to enter Club Champs

ENTRIES: Via Your Swim Manager Account. <https://ulverston.swimmanager.co.uk/login>

At registration on the day of the session, we will adjust the entry and run the session based on who is in attendance and which events they want to swim.

Entries to this meet will be held on computer and consent, as required by **GDPR 2018 & Data protection Act 1984**, to the holding and processing of personal information on computer to undertake the sessions, will be deemed to have been given by the submission of the entry form.

By Submitting the entry form, you give permission for UASC to publish gala entry programmes, and results to www.uasc.me.uk and pass on session results to ASA Rankings in line with the level 4 North West Region licensing requirements.



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PROGRAM of EVENTS

Wednesday 17th April 2024 – 4NW240969				
No	Open/Male /Female	Age	Event	HDW
N/A	Open/Male /Female	8 & Under	25 Freestyle	HDW
1	Female	9 & over	200 Freestyle	HDW
2	Open/Male	9 & over	200 Freestyle	HDW
N/A	Open/Male /Female	8 & Under	25 Backstroke	HDW
3	Female	9 & over	50 Butterfly	HDW
4	Open/Male	9 & over	50 Butterfly	HDW
N/A	Open/Male /Female	8 & Under	25 Breaststroke	HDW
5	Female	9 & over	100 Breaststroke	HDW
6	Open/Male	9 & over	100 Breaststroke	HDW
Session 1 Registration 18:00– 18:20 Warm up – 18:30 – 19:00 Session Start 19:00				
Wednesday 15th May 2024 – 4NW240970				
No	Open/Male /Female	Age	Event	HDW
N/A	Open/Male /Female	8 & Under	25 Freestyle	HDW
7	Open/Male	9 & over	400 IM	HDW
8	Female	9 & over	400 IM	HDW
N/A	Open/Male /Female	8 & Under	25 Breaststroke	HDW
9	Open/Male	9 & over	100 Backstroke	HDW
10	Female	9 & over	100 Backstroke	HDW
11	Open/Male	9 & over	50 Freestyle	HDW
12	Female	9 & over	50 Freestyle	HDW
N/A	Open/Male /Female	8 & Under	25 Butterfly	HDW
13	Open/Male	9 & over	200 Breaststroke	HDW
14	Female	9 & over	200 Breaststroke	HDW
Session 2 Registration 18:00– 18:20 Warm up – 18:30 – 19:00 Session Start 19:00				
Wednesday 5th June 2024 – 4NW240971				
No	Open/Male /Female	Age	Event	HDW
N/A	Open/Male /Female	8 & Under	25 Freestyle	HDW
15	Female	9 & over	100 IM	HDW & F
16	Open/Male	9 & over	100 IM	HDW & F
N/A	Open/Male /Female	8 & Under	25 Backstroke	HDW
17	Female	9 & over	50 Breaststroke	HDW
18	Open/Male	9 & over	50 Breaststroke	HDW
N/A	Open/Male /Female	8 & Under	25 Breaststroke	HDW
19	Female	9 & over	200 Butterfly	HDW
20	Open/Male	9 & over	200 Butterfly	HDW
21	Female	11 & under	100 IM Final	FINAL
22	Open/Male	11 & under	100 IM Final	FINAL
Session 3 Registration 18:00– 18:20 Warm up – 18:30 – 19:00 Session Start 19:00				



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PROGRAM of EVENTS Continued

Wednesday 25 ^h Sept* 2024 – 4NW240972				
No		Age	Event	
N/A	Open/Male /Female	8 & Under	25 Butterfly	HDW
23	Female	9 & over	100 Butterfly	HDW
24	Open/Male	9 & over	100 Butterfly	HDW
N/A	Open/Male /Female	8 & Under	25 Backstroke	HDW
25	Female	9 & over	200 Backstroke	HDW
26	Open/Male	9 & over	200 Backstroke	HDW
N/A	Open/Male /Female	8 & Under	25 Freestyle	HDW
27	Female	9 & over	400 Freestyle	HDW
28	Open/Male	9 & over	400 Freestyle	HDW
Session 4 Registration 18:00– 18:20 Warm up – 18:30 – 19:00 Session Start 19:00				
Wednesday 2 nd Oct 2024- 4NW240973				
No		Age	Event	
N/A	Open/Male /Female	8 & Under	25 Freestyle	HDW
29	Open/Male	9 & over	200 IM	HDW & F
30	Female	9 & over	200 IM	HDW & F
N/A	Open/Male /Female	8 & Under	25 Breaststroke	HDW
31	Open/Male	9 & over	50 Backstroke	HDW
32	Female	9 & over	50 Backstroke	HDW
33	Open/Male	9 & over	100 Freestyle	HDW
34	Female	9 & over	100 Freestyle	HDW
N/A	Open/Male /Female	8 & Under	25 Backstroke	HDW
35	Open/Male	12 & over	200 IM	FINAL
36	Female	12 & over	200 IM	FINAL
Session 5 Registration 18:00– 18:20 Warm up – 18:30 – 19:00 Session Start 19:00				
Wednesday 23 rd Oct 2024- 4NW240974				
No		Age	Event	
N/A	Open/Male /Female	8 & Under	25 Freestyle	HDW
37	Open/Male /Female	10 & over	1500 Freestyle	HDW
N/A	Open/Male /Female	8 & Under	25 Backstroke	HDW
38	Open/Male /Female	10 & over	800 Freestyle	HDW
Session 6 Registration 18:00– 18:20 Warm up – 18:30 – 19:00 Session Start 19:00				
Session 7 will not be included within club Champ ranking. Session 7 is for age group qualifying last chance.				
Wednesday 20 th Nov 2024 – 4NW240975				
No		Age	Event	
39	Open/Male /Female	9 & over	50 Butterfly	HDW
40	Open/Male /Female	9 & over	100 Backstroke	HDW
41	Open/Male /Female	9 & over	50 Freestyle	HDW
42	Open/Male /Female	9 & over	100 Breaststroke	HDW
43	Open/Male /Female	9 & over	50 Backstroke	HDW
44	Open/Male /Female	9 & over	100 Butterfly	HDW
45	Open/Male /Female	9 & over	50 Breaststroke	HDW
46	Open/Male /Female	9 & over	100 Freestyle	HDW
Session 7 (age group last chance) Registration 18:00– 18:20 Warm up – 18:30 – 19:00 Session Start 19:00				

25m events are not licensed by Swim England.



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