

Jan 2025 UASC TRAINING TIMETABLE

DAY	MORNING	EVENING
MONDAY	6 - 7.30AM BARROW SENIORS	6.45 - 7.45PM ULVERSTON RIVER OTTERS SNOW OTTERS
		7.45 - 8.45PM SEA OTTERS DEVELOPMENT
TUESDAY	6.30 - 8.00 AM ULVERSTON SENIORS DEVELOPMENT SEA OTTERS	6.45 - 8.45PM ULVERSTON SENIORS 6.45 - 8.15PM DEVELOPMENT
WEDNESDAY	NO TRAINING	5.45 - 6.45PM ULVERSTON SNOW OTTERS RIVER OTTERS
		6.45 - 7.45PM SEA OTTERS 6.45 - 8.45PM SENIORS
THURSDAY	6.30 - 8.00 AM ULVERSTON SENIORS DEVELOPMENT SEA OTTERS	5.45-7.45PM BARROW SENIORS 5:45 - 6.45PM RIVER OTTERS 5:45 - 7.15PM DEVELOPMENT SEA OTTERS
		6.45 - 7.45PM ULVERSTON SNOW OTTERS OTTERS PUPS
FRIDAY	NO TRAINING	5.45 - 6.45 PM ULVERSTON OTTERS PUPS PRE-PUPS
		6.45 - 8.15PM ULVERSTON SENIORS DEVELOPMENT
SATURDAY	6.30-8.30AM BARROW SENIORS DEVELOPMENT	NO TRAINING
	6.30-8AM BARROW SEA OTTERS RIVER OTTERS	
SUNDAY	NO TRAINING	NO TRAINING